

HANDOUT

CARING is “Getting to Know You” Questions to Identify Motivational Needs

Sample Questions

1. Give back

- What inspired your interest in joining AAUW (or renewing) with AAUW?
- What is it about being an AAUW member that keeps you coming back?
- What is it about “giving back” that brings you the most joy?
- What particular skill and experiences would like to share?
- AAUW’s mission it to make a positive difference for women and girls. What is your service focus?
- What can the branch do to make your volunteer experience positive and enjoyable?

2. Socialize:

- In what ways would you like to be more connected with others?
- What makes you feel like you most belong?
- As a previous volunteer, what prompted you to start actively participating?
- What makes you feel satisfied and fulfilled when volunteering?
- If you had the spotlight on you, what would you like people to know about you?

3. Learn:

- What undeveloped skills would like to develop?
- What would you like to learn more about?
- What have you dreamed about doing for pure enjoyment or interest?
- What volunteer activities do you dream about doing – would do if you had the chance?

4. Self-actualize

- Are there voids? Things that you have wanted to do that you could not because of physical, financial or time constraints?
- How do you hope AAUW will benefit you?
- What can the branch do to fulfill/enhance your experience as a member-volunteer?
- What developed skills would you like to use as an AAUW member?
- At the end of each day, what makes you feel satisfied and fulfilled?
- At the end of a volunteer project, how do you like to be appreciated?